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Our sister journal, the *Archives of Ophthalmology*, under the competent aegis of David G. Cogan, utilized the American Documentation Institute as a repository for lengthy bibliographies. Inasmuch as it is uncommon for an article to have more than 200 references, the amount of editorial labor and page space saved by this mechanism does not seem appreciable. The amount of labor that devolves upon the hapless reader, on the other hand, is appreciable. Having struck a promising vein only to find that its core is much more deeply buried, that he must write away to obtain additional material, he is brought sharply to a dead-end; the search must be suspended until it arrives. And when the material does come, less than a minute's glance may tell that it is not what had been hoped for. THE JOURNAL will likely continue indefinitely to publish extensive numbers of references when they serve a purpose and are related to the article to which they appear.

Frank W. Newell

## CORRESPONDENCE

### HISTORY AND DEVELOPMENT OF PHOTOCOAGULATION\*

Editor,

American Journal of Ophthalmology:

It was in spring 1946, when I was 26 years old, that the idea of applying photocoagulation for therapeutical purposes suddenly came to me. The idea arose during the

\* Dear Dr. Vail: Thank you very much for your kind letter in which you asked me some questions about the history and development of photocoagulation. I will try to answer your questions as exactly as possible.

night when I could not sleep. I was afraid I would forget it so I made a note of only two words "light" and "coagulation." I remember quite well that at this very first moment numerous clinical indications came up to my mind including such things as prophylactic treatment of retinal detachment and destroying small tumors. I also remember that some details of the technical solution of the problem were already present in my mind's eye.

It was of course not by accident that this idea came to me, because at that time I was working on two different problems:

The first one was construction of a new machine for diathermy treatment of retinal detachment. For this purpose I performed experiments to determine the electrical resistance of different ocular tissues to high-frequency current. I recorded these experiments at the meeting of the German Ophthalmological Society at Heidelberg in 1948.

The second point was that my first teacher, Marchesani, asked me to guide the doctor thesis of a young student of medicine, who was describing his own macular burn which he received while watching the sun during the eclipse of July 10, 1945. His thesis was accepted at the University of Hambourg in 1947.

Thus the two presuppositions, knowledge about eclipse burns of the retina and detailed knowledge about the action of high-frequency current on ocular tissue, were well present in my mind at that time.

Studying the literature I found the experiments of Czerny, Deutschmann and Widmark, but not those of Verhoeff (1916) and of Eccles (1944). I have described in my booklet that it took me more than four years to translate this idea into the first instrument for clinical use.

The first experiment was started with a huge carbon arc from an old episcopes. The first model which I constructed myself at home was a small machine with a few lenses and mirrors. Finally, at the end of 1946, I was able to perform nicely localized coagu-

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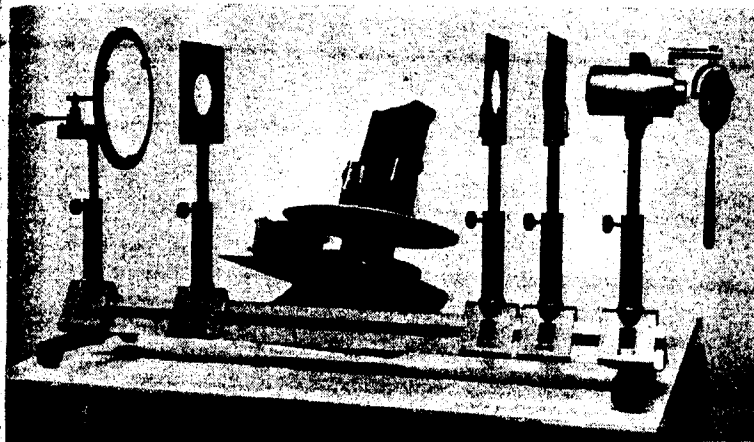


Fig. 1 (Meyer-Schwickerath). Sunlight photocoagulator with heliostat.

lations in a rabbit's eye within one to two seconds.

The first experiments with this instrument in human eyes (eyes with tumors before enucleation) were disappointing, since exposure times of more than 10 seconds were necessary to obtain a fairly mild and poorly localized burn. The reason for this is that the optical system of the rabbit eye has a considerably greater aperture than the human eye. I, therefore, developed a new apparatus which used the sun as the light source. This interesting instrument (fig. 1) made use of an heliostat to compensate for the movement of the earth which otherwise would remove the sun out of the optical axis of the instrument.

With this sunlight instrument, it was possible to treat patients, but only on a bright sunny day. I remember that in those days we used to place one of our patients on the roof of the eye clinic and then had to be called by phone from the out-patient department when a longer period of sunshine was expected. But often enough, until the patient and everything else was ready, the sun disappeared and we had to postpone treatment.

In 1949, I therefore started experiments with a high-intensity arc known after its inventor as the Beck arc. This instrument (fig. 2) was used clinically on several hundred patients between 1950 and 1956.

All carbon arcs have the great disadvantage that the filaments become used up in the process of burning. Another disadvan-

tage is the liberation of gas and carbon particles. Fortunately at that time the xenon high-pressure lamp from Osram became available. This source of light is mounted in the Zeiss photocoagulator (fig. 3) which is the product of a long-standing fruitful cooperation with Dr. Hans Littmann and his co-workers from the Zeiss laboratories in Oberkochen.

In your letter you asked about the first treated cases. The first one was a peripheral horseshoe-shaped tear with practically no detachment in a young man's eye. The second one was a traumatic macular hole in a boy's eye.

In the first years macular holes seemed to be one of the most interesting and exciting indications, but nowadays this indication only plays a small role. The postoperative corrections with photocoagulation were one



Fig. 2 (Meyer-Schwickerath). Beck arc photocoagulator which its constructor, Meyer-Schwickerath, used between 1950 and 1956.

